


JULY 2018 – Schedule subject to change – please call to confirm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 Zumba Gold Class 2 9:00 Yoga 9:30 Knitting / Crochet 10:30 Memoir Writing 1:00 Parkinson's Group 1:00 Open Art Studio	9:00 Men's Club 3 11:15 Shaw's / Cobbs Corner 1:00 Bridge/Can/Mah Jongg* <i>*cards/games ends at 3:00 today</i>	Holiday – Center Closed 	9:00 Tai Chi 5 9:30 Movie (<i>Florida Project</i>) 10:30 Chinese Elders 10:30 Tai Chi 1:00 MahJongg/Bridge/ Rummikub 5:45 Movie (<i>Florida Project</i>)	8:45 Gentle Yoga 6 9:00 Sharon Center 9:15 Cardio Fitness Class
8:45 Zumba Gold Class 9 9:00 Yoga 9:30 Knitting / Crochet 10:30 Memoir Writing 1:00 Open Art Studio 2:00 Memory Café 6:45 "From Book to Film"	9:00 Men's Club 10 11:00 SHINE Counselor 11:15 Walpole Mall 1:00 Bridge/Can/Mah Jongg 7:00 Knitting / Crochet	8:45 Zumba Gold Class 11 9:30 Coffee Hour - HF 9:30 Tech. in Watercolors 9:30 Bocce 11:30 Shaw's / Cobbs Corner 1:00 Sit & Be Fit Exercise Class 1:00 Cribbage/Mah Jongg <i>Trip – Newport Music Festival</i>	9:30 Tai Chi 12 9:30 Movie (<i>Phantom Thread</i>) 10:30 Chinese Elders 10:30 Tai Chi 1:00 MahJongg/Bridge/ Rummikub 1:00 Neck/Shoulder Massage 5:45 Movie (<i>Phantom Thread</i>)	8:45 Gentle Yoga 13 9:00 Sharon Center 9:15 Cardio Fitness Class 10:00 RMV Near Me 10:00 Legal Clinic
8:45 Zumba Gold Class 16 9:00 Yoga 9:30 Knitting / Crochet 10:30 Memoir Writing 11:00 LGBT Lunch & Program 1:00 Open Art Studio	9:00 Men's Club 17 11:00 SHINE Counselor 11:15 Westgate Mall 1:00 Bridge/Can/Mah Jongg 7:00 Knitting / Crochet	8:45 Zumba Gold Class 18 9:00 Sharon Center 9:30 Coffee Hour - HF 9:30 Tech. in Watercolors 9:30 Bocce 11:30 Shaw's / Cobbs Corner 1:00 Sit & Be Fit Exercise Class 1:00 Cribbage/Mah Jongg	9:00 Tai Chi 19 9:30 Movie (<i>Death on the Nile</i>) 10:30 Chinese Elders 10:30 Tai Chi 1:00 MahJongg/Bridge/ Rummikub 1:00 Neck/Shoulder Massage	8:45 Gentle Yoga 20 9:00 Sharon Center 9:15 Cardio Fitness Class 10:00 RMV Near Me
8:45 Zumba Gold Class 23 9:00 Yoga 9:30 Knitting / Crochet 10:30 Memoir Writing 1:00 Open Art Studio	9:00 Men's Club 24 11:00 SHINE Counselor 11:15 Walpole Mall 11:30 South Asian Program 1:00 Bridge/Can/MahJongg 7:00 Knitting / Crochet	8:45 Zumba Gold Class 25 9:00 Sharon Center 9:30 Coffee Hour - HF 9:30 Tech. in Watercolors 9:30 Bocce 10:30 Craft Program 11:30 Shaw's / Cobbs Corner 1:00 Sit & Be Fit Exercise Class 1:00 Cribbage/Mah Jongg 1:00 Opera Film	9:00 Tai Chi 26 10:00 Ice Cream Social 10:30 Tai Chi 1:00 MahJongg/Bridge/ Rummikub 5:45 Movie (<i>Death on the Nile</i>)	8:45 Gentle Yoga 27 9:00 Sharon Center 9:15 Cardio Fitness Class 10:00 RMV Near Me
8:45 Zumba Gold Class 30 9:00 Yoga 9:30 Knitting / Crochet 10:30 Memoir Writing 1:00 Open Art Studio <i>Trip – Charles Riverboat Cruise</i>	9:00 Men's Club 31 11:00 SHINE Counselor 11:15 Westgate Mall 1:00 Bridge/Can/MahJongg 7:00 Knitting /Crochet			Lakeside Gallery thru August 29 – Sharon Photography Club Annual Exhibit Craft Corner Hours Tues., Wed., Thurs. 11:00 a.m. – 1:00 p.m.; other hours by appointment