


FEBRUARY 2020 – Schedule subject to change – please call to confirm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lakeside Gallery thru March 18 Generation to Generation</p>	<p>Craft Corner Tues., Wed., & Thurs. 11:00 am – 1:00 pm Other hours by appointment</p>			
<p>9:00 Zumba Gold Class 3 9:00 Yoga 9:30 Knitting / Crochet 10:00 Memoir Writing 10:30 Low Vision Support Group 1:00 Open Art Studio 1:00 Parkinson's Group 7:00 Photography Club</p>	<p>9:00 Men's Club 4 9:15 ESOL 11:00 SHINE Counselor 11:15 Walpole Area 1:00 Senior Safety Program 1:00 Bridge/Can/Mah Jongg</p>	<p>9:00 Sharon Center 5 9:00 Zumba Gold Class 9:30 Coffee Hour – HF 10:45 "History of Stamps" 11:15 Shaw's / Cobbs Corner 12:30 Sit & Be Fit Exercise Class 1:00 Cribbage / Mah Jongg</p>	<p>9:30 Movie (<i>Judy</i>) 6 9:30 Tai Chi 10:30 Chinese Elders 10:45 Tai Chi 12:00 Computer Tutor 1:00 Mah Jongg/Bridge/ Rummikub/Scrabble 3:00 FSCOA Board Meeting 6:45 Navigating Eldercare-Panel Discussion</p>	<p>8:45 Gentle Yoga 7 9:00 Sharon Center 9:00 Tax Assistance 9:15 Cardio Fitness Class 10:00 RMV Near Me 10:45 Move Pain Free</p>
<p>9:00 Zumba Gold Class 10 9:00 Yoga 9:30 Knitting / Crochet 10:00 Memoir Writing 1:00 Open Art Studio 2:00 Memory Café</p>	<p>9:00 Men's Club 11 9:15 ESOL 11:00 SHINE Counselor 11:15 Westgate Area 1:00 Learn About Census 1:00 Bridge/Can/Mah Jongg</p>	<p>9:00 Sharon Center 12 9:00 Zumba Gold Class 9:30 Coffee Hour - HF 10:45 Coffee With a Cop 11:15 Shaw's / Cobbs Corner 1:00 Cribbage / Mah Jongg</p>	<p>9:30 Tai Chi 13 10:00 Valentine's Day Party 10:45 Tai Chi 12:00 Computer Tutor 1:00 Mah Jongg/Bridge/ Rummikub/Scrabble 5:45 Movie (<i>Judy</i>)</p>	<p>8:45 Gentle Yoga 14 9:00 Sharon Center 9:00 Tax Assistance 9:15 Cardio Fitness Class 10:00 RMV Near Me 10:45 Move Pain Free</p>
<p align="center">17 Holiday – Center Closed</p> 	<p>9:00 Men's Club 18 9:15 ESOL 11:00 SHINE Counselor 11:15 Walpole Area 11:30 Brain Healthy Cooking 1:00 Bridge/Can/Mah Jongg</p>	<p>9:00 Sharon Center 19 9:00 Zumba Gold Class 9:30 Coffee Hour – HF 10:45 "Reel Romances" 11:15 Shaw's / Cobbs Corner 12:30 Sit & Be Fit Exercise Class 1:00 Cribbage / Mah Jongg 1:00 Opera Film</p>	<p>9:30 Movie (<i>Red Joan</i>) 20 9:30 Tai Chi 10:30 Chinese Elders 10:30 Book Discussion Group 10:45 Tai Chi 12:00 Computer Tutor 1:00 Mah Jongg/Bridge/ Rummikub/Scrabble 5:45 Movie (<i>Red Joan</i>)</p>	<p>8:45 Gentle Yoga 21 9:00 Sharon Center 9:00 Tax Assistance 9:15 Cardio Fitness Class 10:00 RMV Near Me 10:45 Move Pain Free</p>
<p>9:00 Zumba Gold Class 24 9:00 Yoga 9:30 Knitting / Crochet 10:00 Memoir Writing 11:00 LGBT Lunch & Program 1:00 Open Art Studio</p>	<p>9:00 Men's Club 25 9:15 ESOL 11:00 SHINE Counselor 11:00 South Asian Program 11:15 Westgate Area 1:00 Bridge/Can/Mah Jongg 2:00 COA Board Meeting</p>	<p>9:00 Sharon Center 26 9:00 Zumba Gold Class 9:00p Yoga / Relaxation 9:30 Coffee Hour – HF 10:45 "Impeachment" 11:15 Shaw's / Cobbs Corner 1:00 Sit & Be Fit Exercise Class 1:00 Cribbage / Mah Jongg 1:15 Welcome Reception for Melissa Shea</p>	<p>9:30 Movie (<i>Second Act</i>) 27 10:30 Chinese Elders 12:00 Computer Tutor 1:00 Mah Jongg/Bridge/ Rummikub/Scrabble 5:45 Movie (<i>Second Act</i>)</p>	<p>8:45 Gentle Yoga 28 9:00 Sharon Center 9:00 Tax Assistance 9:15 Cardio Fitness Class 10:00 RMV Near Me 10:45 Move Pain Free</p>