

Town of Sharon

Proclamation



WHEREAS, there is a proven connection between good mental health and overall personal health. Mental illnesses affect almost every family in America; and

WHEREAS, people with mental illnesses recover if given the necessary support and services in their communities. Millions of adults and children are disabled by mental illnesses every year; and

WHEREAS, only one out of two people with a serious form of mental illness seek treatment for their mental illness. Stigma and fear of discrimination keep many who would benefit from mental health services from seeking help. Research shows that the most effective way to reduce stigma is through personal contact with someone with a mental illness; and

WHEREAS, Good mental health is critical to the well-being of our families, communities, schools, and businesses. Greater public awareness about mental illnesses can change negative attitudes and behaviors toward people with mental illnesses.

***NOW, THEREFORE BE IT PROCLAIMED,** The Sharon Select Board does hereby proclaim the month of May 2023 as MENTAL HEALTH AWARENESS MONTH and calls upon all Sharon citizens, agencies, public and private institutions, businesses, and schools to commit our community to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.*



Given this 9th day of May 2023

Hanna Switekowski

Hanna R. Switekowski, Chair

Emily E. Smith-Lee

Emily E. Smith-Lee, Clerk

Kiana Pierre-Louis

Kiana Pierre-Louis, Member