

# **Sharon Council on Aging & Adult Center**

Beth Caruso

Executive Director

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The Sharon Adult Center welcomes adults from the many diverse populations residing in and around Sharon. We foster mutual understanding and respect among our participants, staff, volunteers, and community partners to enhance the quality of life for all.

# **COA & Adult Center Team**

- ❖ Beth Caruso – Executive Director
- ❖ Missy Lothrop – Program Coordinator
- ❖ Kevin McCarville - Driver
- ❖ Tiziana Milano – Office Manager/Transportation Coordinator
- ❖ Michael Pierce - Driver
- ❖ Cristobal Sanchez – Outreach Coordinator
- ❖ Eileen Wright - Receptionist

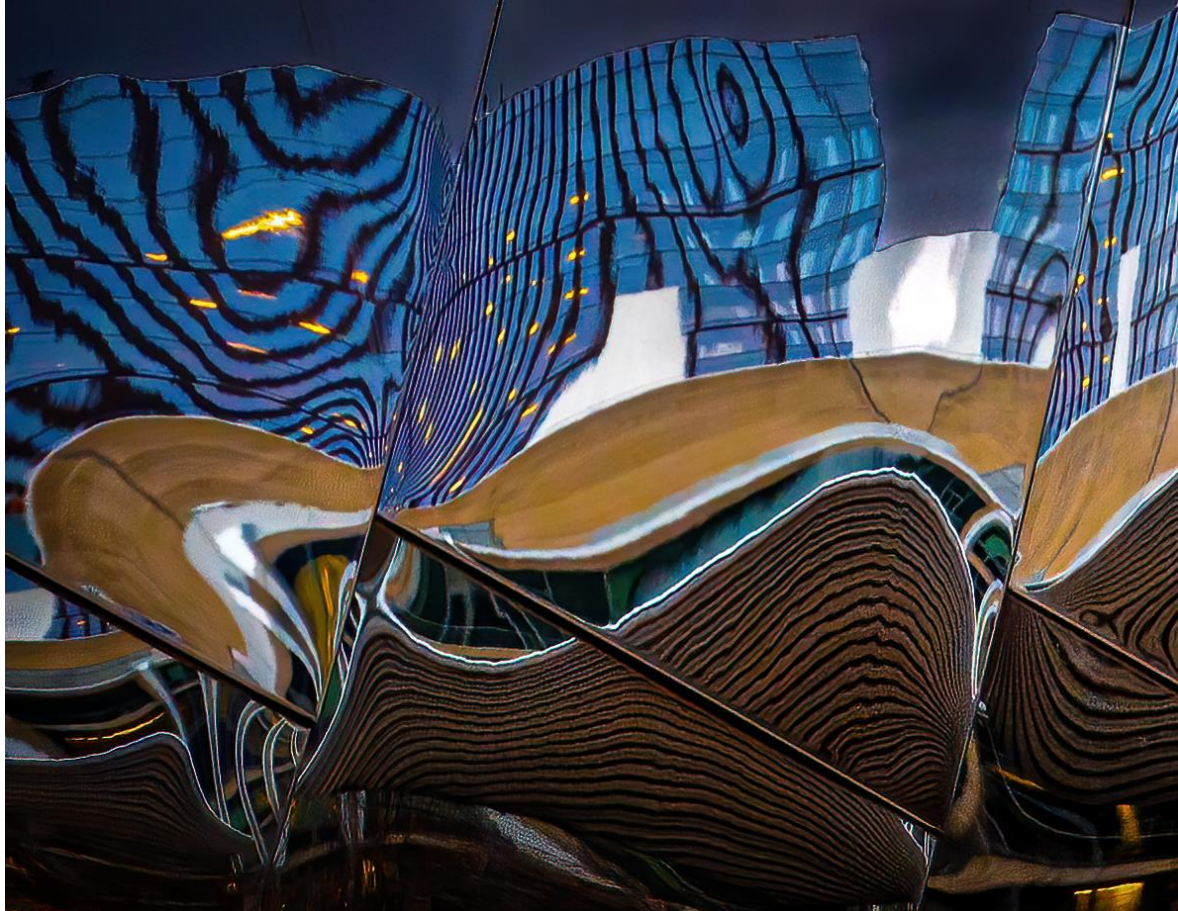


# Lakeside Gallery



"Singing Koi"  
Water color - picture taken from the koi pond inside Sharon's landscape nursery on South Main St. The plants around the koi pond add to the stress free atmosphere of the swimming koi.





## **Lakeside Gallery**

The Sharon Photography Club invites you to its annual exhibit at the Lakeside Gallery, "Images 2023." "Images 2023" features work in a variety of styles by club members. The exhibit is on display from Wednesday, November 22<sup>nd</sup> through January 17th. Please join us for the opening reception Wednesday, November 29<sup>th</sup> from 6:30pm to 8:00pm.

# Library & Lakeside Cafe





# Partnerships

- Fall Day of Service with Sharon High School's National Honor Society
- Sharon High School Vocational Class
- Community Organizations such as VFS & Assisted Living Centers Food Pantries
- SHINE, Legal Aid and AARP Tax Programs
- The Sharon Men's Club
- Town Departments & Commissions/Boards
- HESSCO Services: Home Delivered Meals & support to socials



# South Asian Social





# Chinese Elders



# LGBT Social





# Mobile Shred Truck





# Good health is a priority!

- Covid precautions
- Vegetable Garden at Adult Center
- Farmers' Market coupons
- Health screenings & vaccinations





# Fitness Classes & more





# Classes





# Presentations





# Special Events & Parties









# Games





# Trips





# Volunteers





# **Council on Aging Board**

- Robert Maidman, Chair
- Eliot Feldman, Vice Chair
- Rita Edelston
- Jennifer Fleischer-Cooperman
- Bette Gladstone
- Richard B. Gordon
- Neil Grossman
- Mindy Kempner
- Ruth Palan Lopez
- Paul Remy
- Jeff Shapiro

# Friends of Sharon Council on Aging: FSCOA

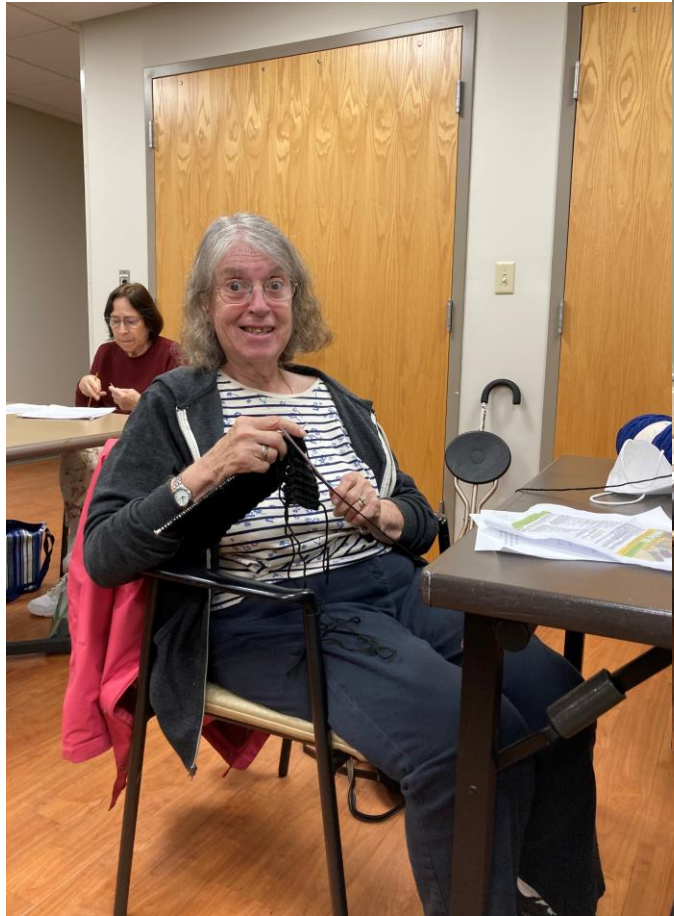
- Louise O'Brien, President
- Addie Johnson, Vice President
- Gordon Gladstone, Treasurer
- Eileen Generazzo, Secretary
- Doris Ann Gladstone
- Joanne Harrington
- Mindy Kempner
- Ira Miller
- Sharon Rabinowitz
- Jeff Shapiro



*The FSCOA Craft Corner has a wide variety of items to help you cross off your gift list for family and friends. Come browse and buy to support the FSCOA! Open: Tuesday November 21<sup>st</sup> 11am-1pm*



# “The Knitten’ Nana’s”



# **Additional Adult Center Services**

- Memory Café
- Tax Work-Off Program
- Medical Transportation
- Shopping and Adult Center transportation
- Specific requests
- Technology assistance
- Support Groups
- Information & Referral
- Socialization!





**Beth Caruso, Executive Director**  
Sharon Council on Aging & Adult Center  
219 Massapoag Avenue, Sharon, MA 02067  
[bcaruso@townofsharon.org](mailto:bcaruso@townofsharon.org)  
781-784-8000