

FEBRUARY 2012 -- Schedule subject to change—please call to confirm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Craft Corner Hours – Monday–1:30-3:30 pm Thursday-11:00 am-1:00 pm Other hours by appointment</p> <p>The Craft Corner will be open during Lakeside Gallery Opening Reception on February 22nd</p>		<p>9:00 Sharon Center 1 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 10:15 Drop-In Meditation 11:00 Memoir Writing 12:00 Shaw's / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 1:00 Drop-In Chess 1:00 Sit & Be Fit Exercise Class</p>	<p>9:00 Tai Chi 2 9:30 Knitting/Crocheting 10:00 Ping Pong Club 10:30 Tai Chi 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor 3:00 FSCOA Board Meeting 6:00 Game Night</p>	<p>9:00 Sharon Center 3 9:00 Gentle Yoga 9:15 Cardio Fitness Class 10:00 Rep. Kafka Office Hour 10:00 Tech. in Watercolor 10:00 Write Your Life Stories 10:30 Wii Bowling</p>
<p>9:00 Yoga 6 10:30 Visions Group 11:15 Feldenkrais 1:00 Recreational Scrabble 1:00 Open Art Studio 1:00 Parkinsons' Support Group 1:30 Sewing/Knitting/Embroidery Group 2:00 Zumba Fitness Class</p>	<p>9:00 Men's Club 7 9:15 ESL 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 1:00 Bridge/Can./Mah Jongg 2:00 Caregivers' Group 7:00 Knitting/Crochet</p>	<p>9:00 Sharon Center 8 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 10:15 Drop-In Meditation 11:00 Memoir Writing 12:00 Shaw's / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 1:00 Drop-In Chess 1:00 Sit & Be Fit Exercise Class</p>	<p>9:00 Tai Chi 9 10:00 Valentines Day Party 10:00 Ping Pong Club 10:30 Tai Chi 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor 6:00 Game Night</p>	<p>9:00 Sharon Center 10 9:00 Tax Assistance 9:00 Gentle Yoga 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:00 Write Your Life Stories 10:30 Wii Bowling</p>
<p>9:00 Yoga 13 10:30 Cancer Support Group 11:00 LGBT Lunch & Program 11:15 Feldenkrais 1:00 Recreational Scrabble 1:00 Open Art Studio 1:30 Sewing/Knitting/Embroidery Group 2:00 Zumba Fitness Class 7:00 Photography Club</p>	<p>9:00 Men's Club 14 9:15 ESL 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 11:00 Lunch/Program - EPOCH 12:00 Walpole Mall 1:00 Bridge/Can./Mah Jongg 2:30 COA Board Meeting 7:00 Knitting/Crochet</p>	<p>9:00 Sharon Center 15 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 10:15 Drop-In Meditation 11:00 Memoir Writing 12:00 Shaw's / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 1:00 Drop-In Chess 1:00 Sit & Be Fit Exercise Class 2:30 Natalie's Yoga Hour</p>	<p>9:00 Tai Chi 16 9:30 Movie (10 Items or Less) 9:30 Knitting/Crocheting 10:00 Ping Pong Club 10:30 Tai Chi 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor 5:45 Movie (10 Items or Less)</p>	<p>9:00 Sharon Center 17 9:00 Tax Assistance 9:00 Gentle Yoga 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:00 Write Your Life Stories 10:30 Wii Bowling</p>
<p align="center">20 Holiday – Center Closed</p>	<p>9:00 Men's Club 21 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 1:00 Bridge/Can./Mah Jongg 2:00 Caregivers' Group 7:00 Knitting/Crochet</p> <p align="center"><i>Trip – R.I. School of Design</i></p>	<p>9:00 Sharon Center 22 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 10:15 Drop-In Meditation 11:00 Memoir Writing 12:00 Shaw's / Cobbs Corner 1:00 Opera Film (La Rondine) 1:00 Can./Cribb./Mah Jongg 1:00 Drop-In Chess 1:00 Sit & Be Fit Exercise Class 7:00 Gallery Opening Reception</p>	<p>9:00 Tai Chi 23 9:15 Movie (The Help) 10:00 Ping Pong Club 10:30 Tai Chi 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor 5:30 Movie (The Help)</p>	<p>9:00 Sharon Center 24 9:00 Tax Assistance 9:00 Gentle Yoga 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:30 Wii Bowling</p>
<p>9:00 Yoga 27 9:00 Book Discussion Group (Man's Search for Meaning) 10:30 "We Like Ike" 10:30 Cancer Support Group 11:15 Feldenkrais 1:00 Recreational Scrabble 1:00 Open Art Studio 1:30 Sewing/Knitting/Embroidery Group 2:00 Zumba Fitness Class</p>	<p>9:00 Men's Club 28 9:15 ESL 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 12:00 Westgate Mall 1:00 Bridge/Can./Mah Jongg 7:00 Knitting/Crochet</p>	<p>9:00 Sharon Center 29 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 9:30 Fun with Yiddish 10:15 Drop-In Meditation 11:00 Memoir Writing 12:00 Shaw's / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 1:00 Drop-In Chess 1:00 Sit & Be Fit Exercise Class</p>	<p>The regular Tuesday shopping schedule resumes this month – choose either the mall or Stop & Shop.</p>	<p>Lakeside Gallery – <i>"Merging Paths"</i> – works of T. Craddock & P. Lloyd thru February 10 =====</p> <p><i>"Reflections"</i> works of Vera Cross, Karen Gordon, Sheila Pallay February 14 – March 29 Opening Reception: February 22 – 7:00-9:00 p.m.</p>